

## May is National Mental Health Month

The challenges of today's world don't only affect grownups; young people are facing a mental health crisis of their own. Supporting them as they grow and face life's complexities is a top priority.

Girl Scouts offers many ways to explore mental wellness and boost your child's confidence, including <u>special patch programs</u> and fun activities like this video on creating your "happy place" (adapted from the Brownie My Best Self badge).



# Stronger Together: Celebrating Asian American Native Hawaiian Pacific Islander Heritage

May is Asian American Native Hawaiian Pacific Islander Heritage Month, an annual celebration of their achievements and culture. When we acknowledge the strength that diversity brings to our communities, we as Girl Scouts can become stronger together in our work to make the world a better place — for every person.



### Earn this patch!

This month's AANHPI patch is part of the Girl Scout Multicultural Community Celebration series, with a ton of fun activities to choose from!

### **DOWNLOAD**



### Queen Liliuokalani

Girls Scouts of Hawaii offers a series of fun videos to earn this special patch, which you can then purchase from their <a href="mailto:shop">shop</a>.

**VIEW VIDEOS** 

### **Upcoming Events**

You can browse our calendar at <u>gsccc.org/events</u> or <u>download a PDF</u> of events through September 2025.

#### <u>Jockey's Adventure - May 17</u>

Join us at Jockey's Ridge State Park for an exciting day of archery, kite flying, and other outdoor adventures. Attendees will receive a GSCCC fun patch. Plus, you can work on activities towards earning your Junior Ranger patch!

Location: Jockey's Ridge State Park, Nags Head, NC

Levels: J/C/S/A

Registration Deadline: May 8

### Girl Scout Evening at the Virginia Aquarium - May 31

Girl Scouts, their families, and friends can enjoy an exclusive evening at the Virginia Aquarium! Explore the exhibits, meet animal ambassadors, touch a stingray, and learn about nature and science with fun activity stations. Parking is included and snacks will be available for purchase.

Location: Virginia Aquarium and Marine Science Center, Virginia Beach, VA

Levels: All

Registration Deadline: May 14



### **Explore Elizabeth River Project - June 14**

Earn this patch! Participate in hands-on activities centered around environmental education and stewardship as you experience the forested

trails and restored wetlands of this 40-acre oasis.

Location: Paradise Creek Nature Park, Portsmouth, VA

Levels: All

Registration Deadline: May 28

#### Me & My Gal - July 5

Girl Scouts: Bring your close female relative (21+) to a day of camp fun! Learn about some of the original Girl Scout badges, participate in some classic camp activities like canoeing, archery, tie dye, and more. Come make memories together!

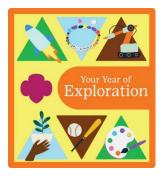
Location: Camp Skimino, Williamsburg, VA

Levels: All

Registration Deadline: June 2

### A Girl Scout can do anything — and everything!

You know that Girl Scouts make a difference. Share this page of inspiring stories, fun activities, and all the benefits of Girl Scouting with other families you know, and invite them to come along on the journey with you and your Girl Scout!



### **Last Call for Early Renewal**

There are so many new things to discover with your Girl Scout crew next year. Renew today and keep the fun going! **Any Girl Scout who renews by 11:59 p.m. on May 31, 2025**, will receive the special "Your Year of Exploration" Early Renewal patch.

### **Summer Camp Registration Ends June 1**

What are the benefits of summer camp? Build leadership skills, gain independence and self-confidence, grow grit and resilience, make new friends, play and learn in a tech-free zone — it's good vibes only. <u>Learn more and sign up today!</u>



**New Podcast Episode**—Meet mother-daughter duo Deirdre and Martha-Ann who have taken on the journey of Girl Scouting together. <u>Listen on Spotify or YouTube</u>

Want to see your news featured here? Share your story with GSCCC!











### **GSCCC Shop Specials**

#### SPECIAL SHOP HOURS:

- The GSCCC office and shop will be closed on Monday, May 26 in observance of Memorial Day.
- NEW: The shop will be closed on the following Tuesdays this summer: June 24, July 1, July 8, July 15, July 22

#### May 7, 14, 21 and 27: Discount Wednesdays!

Spin the lucky wheel at checkout and receive a 5%, 10% or 15% discount off the entire purchase. *May not be combined with any other offer*.

#### May 3 - 9: Bridging Sale!

Enjoy 10% off of everything in the shop...including clearance items! *May not be combined with any other offer.* 

**"Once a Girl Scout..." T-Shirt:** Share your pride and affection for the Girl Scout sisterhood in this sage green shirt that proclaims, "Once a Girl Scout, Always a Girl Scout." Adult sizes, \$20 each.

**Trefoil Suncatcher:** These limited-edition, handmade treasures are the perfect gift for the troop leader or volunteer in your life. One for \$15 or two for \$25.

**Bridging Kits:** Includes everything your Girl Scout needs to cross the bridge to the next level. Brownie, Senior and Ambassador: \$8; Junior and Cadette: \$10.

**En Español:** New! "Somos Girl Scouts" Adult (\$23) and Youth (\$18) T-shirts, water bottles (\$15) and "Soy Una Girl Scout: Mighty & Maravillosa" tote bags (\$18).

**Baseball Caps:** These soft, stylish caps are the perfect accessory for all your outdoor adventures! Assorted colors, one size fits all. \$18 each.

**SHOP NOW** 



## Don't Miss this World Premiere Whodunnit!

Who will catch the cookie culprit before the matinee concludes? This playful theater experience was written by acclaimed author and GSCCC Board Member, Dawn Brotherton.

Register before September 1 to receive your "special event card" to share a specific clue during the performance. Pasta and salad bar included with registration. All ages are welcome to attend; best for ages 7 and up. <u>Get your tickets today!</u>