



Get Outdoors, Girl Scouts!

Spending at least 120 minutes a week in nature is associated with good health and wellbeing, whether you spend that time becoming a rockstar at rock climbing or making a splash in the puddles around your neighborhood. [Download a free activity sheet](#) to see what's possible right outside your own front door today!

Girl Scouts ♥ Outdoors Video Contest

Girl Scouts of the Colonial Coast is sponsoring a video contest to promote how much Girl Scouts love the outdoors! The theme, “Girl Scouts Love the Outdoors” ties in with the GSUSA Outdoor Challenge, so you can work to earn your patch while making your contest entry. Make a video of your outdoor adventures canoeing, doing archery, hiking or some other activity in nature. Winning entries will receive a \$25 gift certificate that can be used in the GSCCC shop! Learn more and see all the contest rules at gsc.org.

Family Outdoor Activity: Keep the Park in Your Heart

Take a walk, ride a bike, or have a picnic in your local park with the whole family. Ask everyone to look around and name one thing they love about the park and one thing that could be better.

Is there no place to recycle bottles and cans? Not enough benches? Would it be fun to have a skateboard ramp, or could the basketball court use a fresh coat of

paint? Write down everyone's ideas, then connect with local organizations that advocate for parks. Maybe your family could join them and turn some of your ideas into reality.

If there isn't already a team of people helping your park, bring up the idea with other families—especially those you know through Girl Scouts—or at your local city council meeting to see if you can start one. Taking care of and learning about our outdoor spaces together is a fun way to build community, make friends, and improve the world for everyone.

This activity came from our annual publication, "Family Connection" which is available to read on our ["For Parents and Families"](#) page.

Early Renewal Happening Now!

Any Girl Scout who renews by 11:59 p.m. on June 30, 2023, will receive the "Your Year of Fun" Early Bird Patch! [Sign up for another year today](#) and keep the excitement going.

Upcoming Events

- **LGBTQ+ Pride Month**—June is Pride Month, and we encourage Girl Scouts of all levels to honor LGBTQ+ history, to celebrate the diverse cultures and identities of LGBTQ+ people, and to acknowledge the many contributions of the LGBTQ+ community has made and continues to make across our nation. You have plenty of activities to choose from to [earn this fun patch](#), which is part of the Girl Scout Multicultural Community Celebration patch series. (You can learn more about earning the entire patch series on our [DEI page](#).)
- **[Girl Scouts Get Active, July 8](#)**—Juliette Gordon Low enjoyed many sports and outdoor activities in a time when it wasn't always appropriate for women. As part of our Year in the Life of Juliette Low Monthly Patch Program, let's learn about all things outdoors like taking a hike, geocaching, archery, canoeing, ax throwing and more, and then select a few to try! (*Registration deadline is June 17*)
Levels: All
- **[Storytelling, July 17](#)**—You are invited to a free workshop being offered as part of the Hampton Storytelling Festival: "Everybody's Got a Story." Storytelling is fun and offers many benefits for mental health and

community building. As Girl Scouts, the experience will offer activities to meet some badge requirements, such as the "It's Your Story, Tell It!" Journey. It's also a great way to let your imagination soar, open doors to understanding as you are introduced to new cultures, and enhance your creativity! (*Registration deadline is July 10*)

Levels: B/J/C

- **Explore On Your Own (Anytime!)**—Patches are a great way to explore your interests while having fun! Whether you want to tour our council's cities, discover a love for animals at the Living Museum, learn more about the Armed Forces, or conquer challenges on the Fitness Trail, you can find a patch program perfect for you!

Levels: All

Congratulations to the Top 10 Cookie Entrepreneurs!

And a big thanks to **everyone** who participated in the 2023 Girl Scout Cookie Program. You crushed your goals and overcame challenges and we are proud of your accomplishments!

Girl	Troop and Service Unit	Level	Boxes Sold
Maureen K.	Troop 359 - Lynnhaven Shores (250)	Ambassador	6,600
Ellie W.	Troop 1013 - Newport News (110)	Junior	4,543
Sophia H.	IRM - Norfolk (375)	Brownie	4,502
Alexa R.	Troop 782 - Southern Chesapeake (340)	Cadette	4,412
Sceva J.	Troop 1333 - Newport News (110)	Brownie	4,193
Abigael S.	Troop 235 - Kempsville (230)	Ambassador	3,700
Lexie B.	IRM - Williamsburg (140)	Ambassador	3,605
Amiyah S.	Troop 40 - Norfolk (375)	Cadette	3,514
Alexis V.	Troop 628 - Roanoke/Chowan (410)	Senior	3,509
Lillian W.	Troop 53 - Western Elizabeth River (330)	Cadette	3,150

Now it's time to look ahead and [vote on 2024 Girl Scout Cookie Program® Girl Rewards!](#) Get your choices in now, voting will close on June 23.



Gold Award: Mental Health Help



Silver Award: Mental Health Rocks



Gold Award: Backyard Recreation Area

In The Spotlight: Stories from the GSCCC Blog

Gold Award: Mental Health Help—Girl Scout Page created a mental wellness club at her high school as a safe space for students to learn how to work through the academic and athletic pressures they face. [Read the full article](#)

Silver Award: Rocks for Mental Health—Girl Scout Kinsley helped revitalize and update the Season for Nonviolence parklet in Virginia Beach with the support of NAMI (National Alliance on Mental Illness) of Coastal Virginia. [Read the full article](#)

Gold Award: Backyard Recreational Area—Girl Scout Brielle created an outdoor venue behind Coast City Assembly of God in Virginia Beach to encourage socialization and physical activity in the wake of the pandemic. [Read the full article](#)

Share your story, Girl Scout!

Let us celebrate your accomplishments with you. Submit your news and announcements to marcomm@gsgccc.org or use the form on the “Our Stories” page at gsgccc.org.

Pave the way for future Girl Scouts

Need a gift for dads, grads, or that special someone? Buy a personalized brick which will be placed in the courtyard of the Girl Scouts of Colonial Coast headquarters and regional program center, A Place for Girls. It is a memory that will last forever and will literally be “etched in stone.” [Learn more and order yours today!](#)



GSCCC Shop Specials

June 7, 14, 21, and 28: Discount Wednesdays!

Pick a tent at checkout and receive a 10% or 15% discount off the entire purchase. *May not be combined with any other offer.*

Don't forget dads who are “Man Enough to Be a Girl Scout!” We have the perfect gifts for Father's Day and so much more [so let's go shopping!](#)