

Explore Lynnhaven River NOW



Guidelines: Based on the grid, complete the number of activities for your grade level to earn this patch.

	DISCOVER	CONNECT	TAKE ACTION	ANY ACTIVITY UNDER ANY KEY	TOTAL NUMBER OF ACTIVITIES
Girl Scout Daisy	1	1	1	0	3
Girl Scout Brownie	1	1	1	1	4
Girl Scout Junior	1	1	1	2	5
Girl Scout Cadette	1	1	1	3	6
Girl Scout Senior	1	1	1	4	7
Girl Scout Ambassador	1	1	1	5	8

DISCOVER

Answer the questions:

- Visit the Lynnhaven River NOW (LRN) website to learn about the non-profit's goals and mission. What types of [programs](#) does Lynnhaven River NOW offer?
- Learn about Conservation Landscaping. What is it and why is it important?
- Read about native plants and conservation landscaping [here](#). Name three benefits of native plants.
- Read about LRN's notable tree program [here](#). What are the criteria needed for notable tree designation? How old is the oldest tree noted in Virginia Beach?
- Explore the [oyster restoration](#) projects integral to LRNow's river restoration.
- Learn more about [wind energy](#) in Virginia. Has wind energy been successful in Virginia?

CONNECT

- Identify native plants and animals (use this [BINGO card](#) for a reference!)
- Visit one of the Natural Areas in Virginia Beach (Stumpy Lake, Marshview, West Neck Creek, Lake Lawson, Pleasure House Point). Explore the park on your own or attend a park program and record your observations with photographs, sketches, or a journal description.
- Become a Pearl Home, if a Virginia Beach Resident ([Pearl Homes & Neighborhoods - Lynnhaven River NOW](#)), or if not a Virginia Beach resident, look over the criteria and pledge to 10 of the sustainable actions
- Determine what watershed you live in by visiting [River Runner](#). Track the route a raindrop would make from your residence to its destination in the Atlantic Ocean.
- Identify, among the [notable trees](#), which one is closest to your home or school. If it is viewable from public property, take a picture or find it on this [map](#).
- Participate in a [KidWind challenge](#), whether virtually or in-person

TAKE ACTION

- LRN promotes reusable, sustainable resources instead of single use plastics. Create, sew, or donate reusable bags for LRN bag collection and distribution. Register for a reusable bag sewing event, pick up a kit to sew a reusable bag, or donate an extra reusable bag for distribution to the community. Learn more about taking action with LRN and shifting from single use plastic bags to reusable bags [here](#).
- Help restore our waterways by taking part in a litter pick up. Join a LRN cleanup (register here [Events Archive - Lynnhaven River NOW](#)), request a cleanup ([Cleanup Request](#)), or conduct your own and report the amount picked up to LRNNow@lrnow.org
- Invite others to apply for or commit to the sustainable actions in the Pearl Home program.
- Write a letter to your local city council about any environmental issue you want to fix
- Start a native garden in your yard
- Start composting! Grab a composting bin for your home or join with [Tidewater Compost](#)
- Take reusable bags to the grocery store
- Host a [KidWind challenge](#)

Patches can be purchased at the LRN office at 3712 Holland Road, Virginia Beach, Virginia, during regular business hours (M-F 9:00-5:00).