

## High Ropes Instructor Record

In order to ensure the safety of our girls and adults, volunteers who have attended the High Ropes training to become a high ropes instructor will actively provide at least eight hours of instruction during a 12-month period. Options for providing instruction may include service unit encampments, core camps, Council events, and high ropes with your troop. The high ropes training will be required if more than 12 months pass without providing the minimum eight hours of high ropes instruction. An instructor has 12 months from the date of course completion to complete the eight hours of instruction. However, she/he is still required to submit this form by June 30.

Use this form to record your experiences on the GSCCC high ropes course. Submit a copy of this record annually by June 30 to remain on the approved instructor list.

**Send record to:** Outdoor Adventures Manager, Girl Scouts of the Colonial Coast

**By Mail:** 912 Cedar Road, Chesapeake, VA 23322

**By Fax:** 757-547-1872

**By Email:** [CustomerCare@gscce.org](mailto:CustomerCare@gscce.org)

Name \_\_\_\_\_ Service Unit \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Date of Initial Training \_\_\_\_\_

Please indicate if you would like to share your skills with other service units and/or groups below. You will be agreeing to have your contact information shared with group leaders by selecting that you wish to share your skills.

☐ I wish to share my skills with other service units and/or groups.

☐ I do not wish to share my skills with other service units and/or groups.

Date	Course (Camp Skimino)	Activity (Instructor or Active Participant)	# of Hours	Comments

I certify that the above information is true and correct; and that I possess the proper skill set, knowledge, training/certification and/or documented experience according to the Girl Scouts of the Colonial Coast.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date