2023 Summer Camp Guide

Friends.
Fun.
Adventure.
Repeat!

girl scouts of the colonial coast
Welcome!

The world of camp is like no other! As campers sit around the campfire, paddle canoes with friends, put on gear to climb the camp wall, or try archery for the first time, something in them begins to change—they gain a sense of pride. They face their fears. They grow by learning new skills and become stronger and more confident. Camp is transformative. Our trained and caring staff members support girls in discovering who they are and what they can become. Our engaging programs and activities are designed with girls' interests in mind, so they can grow their passions and take healthy risks in a safe, supportive environment. When you send your Girl Scout to camp, you'll be amazed at what a little time outdoors does to develop courage and confidence that follows them to the classroom, the boardroom and beyond!

Terri Washington
Vice President of Member Engagement

Open Houses

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<td>March 18</td>
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<td>April 1</td>
<td>Camp Outback</td>
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Early Bird Incentives

Anyone who registers for camp on or before March 31, 2023, will receive a $15 per session discount for any summer camp. Registration must be accompanied by the required non-refundable $50 deposit. Discount does not apply to CIT or Program Aide. Campers will be entered to win a FREE WEEK OF CAMP in 2023. *Free week does not include Camp Fury or speciality camps.

Overnight Camp

Each week of overnight camp we will have a theme. We will host a themed dinner and activities for everyone to enjoy. You can send your camper with a costume, but they will also have time during the week to make their own creations!
Who can go to camp?

- Overnight camp is for Girl Scouts entering grades 2-9. Leadership opportunities are offered for those entering grades 10-12.
- Day camp is for Girl Scouts entering grades 1-6. Leadership opportunities for those entering grades 7-9.
- All experience levels are welcome.

If you are not currently a Girl Scout, you are welcome to attend, too! Simply pay the annual $25 membership fee, in addition to the camp fee, to become a registered Girl Scout member.

Camp registration/payment and paperwork deadlines:

- Registration Opens: February 13
- Early Bird Deadline: March 31
- Last day to purchase care packages: June 1
- Last day to purchase camp bucks: 3 weeks before session starts.

Every girl needs a powerful identity that makes her feel confident in front of others.

In the real world, girls often feel defined by their appearance, material stuff, parents, and grades. At Girl Scout camp, girls are free from those social confines. They can explore and cultivate authentic relationships with fellow campers and staff mentors. A girl can be a great climber, creative artist, friend, master s’more-maker, strong hiker, song leader, outdoor cook, archer, and, well, anything she wants to be.

As reported in More Than S’mores: Successes and Surprises in Girl Scouts’ Outdoor Experiences, girls engage in outdoor activities through Girl Scouts that they wouldn’t otherwise have access to, providing them with valuable first-time experiences that help them build the confidence they need throughout life.
# CAMP AT A GLANCE

*Register your Girl Scout for the grade level they will be in the fall*

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Leadership Programs
- Day Camp Outback 1st-6th grade
- Camp Outback 7th-9th grade
- Camp Apasus 7th-9th grade
- TBD 7th-9th grade
Ready for Camp?

Take this quiz and find out! Circle the answer that best describes how you feel. Add each circled number and check your answer range at the bottom of the page.

1 = No way! 2 = Maybe 3 = You bet!

1 2 3 Do you like having a lot of fun?
1 2 3 Do you enjoy staying overnight at a friend's house?
1 2 3 Can you shampoo and brush your own hair?
1 2 3 Do you enjoy outdoor activities like hikes, sports and sleeping in a tent?
1 2 3 Can you go without radio, TV, video games, and a phone for an extended amount of time?
1 2 3 Can you see a daddy long leg, bug or mouse without running around and shrieking?
1 2 3 Can you make your own bed and keep track of your own things?
1 2 3 Do you like to meet new people and do things with other Girl Scouts, not just your best friend?
1 2 3 Do you enjoy sleeping outside and listening to the sounds of nature?
1 2 3 Do you like to help plan activities and the things you do?
1 2 3 Can you walk to a nearby building to brush your teeth and go to the bathroom?
1 2 3 Are you ready to sleep in a tent with three or more other campers knowing your counselors are nearby?
1 2 3 Are you willing to help with kapers (camp responsibilities) like sweeping your tent, setting tables, and picking up your own trash?
1 2 3 Can you live by the Girl Scout Promise and Law?
1 2 3 Are you REALLY excited about going to camp?

The Results!
15-25 You will enjoy a day camp, but it might be a good idea to wait until next year for overnight camp.
26-35 You might enjoy a camp sampler weekend, troop/group camping or a family program with a buddy.
36-45 You must be an experienced camper! It sounds like you are ready for a overnight camp stay of five days.
We are excited to have Camp Fury again in 2023! Open to girls entering grades 6-12 in the fall.

Camp Fury Norfolk: June 26-30
Camp Fury Hampton: July 17-21
Camp Fury Chesapeake: August 7-11
Cost: $230 ($215 early bird) on or before March 31

Seize the opportunity to train alongside a team of firefighters and law enforcement personnel. Gear up and experience hands-on fire, emergency and law enforcement activities.

Challenge yourself to take risks, participate in rigorous physical fitness drills, and meet women who are breaking down barriers and stereotypes in non-traditional public service careers. At the end of camp, we’ll celebrate with friends and family at a graduation ceremony.

Badge Work: First Aid, Camp Fury patch

We will keep you informed if locations need to cancel camp due to any changing COVID mitigation in place by their city/municipality.
Camp Skimino is located on 98 wooded acres near Williamsburg, Virginia. Camp amenities include a swimming pool, boating pond, modern bathhouses, an indoor climbing wall/bouldering wall, archery range and a large playing field. The dining hall, craft house, health lodge and some housing units are air-conditioned.

Skimino programs are written with the personality, age and needs of the campers in mind. Select programs designed to foster leadership of Girl Scouts in grades 7-12 are also offered.

Camp is set up like a village especially for campers. This village has a series of neighborhoods, referred to as units. The unit that campers sleep in depends on their age and program selected. Everyone lives in platform tents or cabins with counselors nearby.

Overnight Camp Sample Schedule:

- 7 a.m. - Wake Up
- 8 a.m. - Breakfast
- 8:45 a.m. - Flag Up
- 9 a.m. - Arts
- 10:30 a.m. - Snack
- 10:45 a.m. - Climbing
- 12:15 p.m. - Games
- 12:30 p.m. - Lunch
- 1:30 p.m. - Siesta
- 2:30 p.m. - Kapers
- 3 p.m. - Swimming
- 4:15 p.m. - Snack
- 4:30 p.m. - Boating
- 6 p.m. - Dinner
- 7 p.m. - Flag Down
- 7:15 p.m. - Evening Activity
- 8:30 p.m. - Showers
- 9:30 p.m. - Lights Out
Sunday-Friday June 25-July 30

Forest Friends, Grades 2-5
$390 ($375 on or before March 31)
Become friends with creatures of the forest. Learn about their natural habitat and how to protect it.

Team Spirit, Grades 6-9
$390 ($375 on or before March 31)
Work as a group on team-building activities on the low ropes course. Then, once you have mastered the low ropes course, you and fellow campers will be challenged on the high ropes course and climbing wall!

CIT I, Grades 10-11
$230 (no early bird discount)
In this level of the leadership program, you will focus your skills on what is needed to work with younger campers and continue to develop your leadership style and team work skills.

Sunday-Friday July 2-7

Crafty Creators, Grades 2-5
$390 ($375 on or before March 31)
Tap into your creative side and get crafty this week at camp. Try your hand at making paper beads, a paper mache bowl and so much more!

DIY by Design, Grades 6-9
$390 ($375 on or before March 31)
Empower yourself as you learn to work with hand tools to build a wood project. Learn the skills and importance of working with your hands and challenge yourself to DIY.

CIT I, Grades 10-11
$230 (no early bird discount)
See previous description.

CIT II, Grades 11-12
$230 (no early bird discount)
See previous description.

Sunday-Friday July 9-14

Outdoor Tech, Grades 2-9
$390 ($375 on or before March 31)
It’s three in the afternoon, can you find the sun? Create a sun dial and learn how to tell what time it is based on the sun’s position. Get hands-on with maps and learn to navigate camp with a compass. Then try your hand at a GPS unit, searching for geocaches across camp property. You’ll also do some traditional camp activities!

CIT I, Grades 10-11
$230 (no early bird discount)
See previous description.

CIT II, Grades 11-12
$230 (no early bird discount)
See previous description.

Sunday-Friday July 16-21

Outdoor Engineers, Grades 2-9
$390 ($375 on or before March 31)
This is a week for creators, inventors and problem solvers! Each day your group will have a challenge to overcome. Work with your group to design and build a solution to a problem you stumble upon.

CIT I, Grades 10-11
$230 (no early bird discount)
See previous description.

CIT II, Grades 11-12
$230 (no early bird discount)
See previous description.

Prerequisite: Campers must have completed CIT I or have equivalent experience.
GSCCC Day Camps

Each day camp will have a variety of activities offered, with some outdoors and some indoors. At Camp Skimino, located near Williamsburg on 90+ acres, campers will be able to hike trails, canoe on the camp’s pond, swim in the camp’s pool and do other outdoor fun activities. They will also have opportunities for programs in the Enmeier Center and the Armacost Arts and Environmental Center—both with air conditioning. Campers will love the challenge of the climbing wall located in the Enmeier Center!

Camp Apasus, located in the Bayview section of Norfolk, offers plenty of outdoor space as well as indoor facilities. Campers will enjoy canoeing and kayaking on Mason’s Creek and trying their hand at archery in the camp court area!

Camp Outback at A Place for Girls, located in Chesapeake on Cedar Road, offers adventure in The Outback, a 7-acre nature area. Nearby, behind The Lodge which is adjacent to The Outback, campers will enjoy the pool, outdoor games and archery. Each weekly Camp Outback session will include time for indoor arts and crafts in the Fun Room at A Place for Girls! Girls attending day camp should plan to bring a bag lunch and drink. Snacks are provided. You can view the properties and learn more about each camp at www.gsccc.org/camp.

Day Camp Skimino

Monday-Friday July 3-7
Crafty Creators, Grades 1-6
$195 ($180 on or before March 31)
Tap into your creative side and get crafty this week at camp. Try your hand at making paper beads, a paper mache bowl and so much more!

Program Aide, Grades 7-9
$110 (no early bird discount)
Build your skills working with younger girls during this week at day camp and work on your leadership as well. Prerequisite: Girls must have completed the online Program Aide training prior to the start of camp.

Monday-Friday, July 10-14
Outdoor Tech, Grades 1-6
$195 ($180 on or before March 31)
See description on previous page.

Program Aide, Grades 7-9
$110 (no early bird discount)
See previous description.

Monday-Friday, July 17-21
Outdoor Engineers, Grades 1-6
$195 ($180 on or before March 31)
See description on previous page.

Program Aide, Grades 7-9
$110 (no early bird discount)
See previous description.

Day Camp Apasus

Monday-Friday, July 24-28
Little Bit of Everything, Grades 1-6
$195 ($180 on or before March 31)
Campers will get to experience a little bit of everything including sports, fitness, arts and crafts, science activities, music and more.

Program Aide, Grades 7-9
$110 (no early bird discount)
See previous description.

Monday-Friday, July 31-August 4
Eco World, Grades 1-6
$195 ($180 on or before March 31)
Make the world a better place during this week of day camp. Learn how to care for the natural world and the animals.

Program Aide, Grades 7-9
$110 (no early bird discount)
See previous description.

Monday-Friday, August 4-11
Flower Power, Grades 1-6
$195 ($180 on or before March 31)
Discover your green thumb this week. Learn about the importance of gardens and pollination to the bee population. Make your own seed ball to take home for your backyard.

Program Aide, Grades 7-9
$110 (no early bird discount)
See previous description.
**Day Camp Apasus continued**

**Monday-Friday, August 14-18**

**Art in the Outdoors Grades 1-6**
$195 ($180 on or before March 31)
Get ready to create your masterpiece! No artistic experience needed. Just bring your imagination as you explore nature for inspiration.

Program Aide, Grades 7-9
$110 (no early bird discount)
See previous description.

**Day Camp Outback continued**

**Monday-Friday, August 14-18**

**Art in the Outdoors Grades 1-6**
$195 ($180 on or before March 31)
Get ready to create your masterpiece! No artistic experience needed. Just bring your imagination as you explore nature for inspiration.

Program Aide, Grades 7-9
$110 (no early bird discount)
See previous description.

**Day Camp Outback**

**Monday-Friday, July 24-28**

**Little Bit of Everything, Grades 1-6**
$195 ($180 on or before March 31)
Campers will get to experience a little bit of everything including sports, fitness, arts & crafts, science activities, music and more.

Program Aide, Grades 7-9
$110 (no early bird discount)
See previous description.

**Monday-Friday, July 31-August 4**

**Eco World, Grades 1-6**
$195 ($180 on or before March 31)
Make the world a better place during this week of day camp. Learn how to care for the natural world and the animals.

Program Aide, Grades 7-9
$110 (no early bird discount)
See previous description.

**Monday-Friday, August 7-11**

**Flower Power, Grades 1-6**
$195 ($180 on or before March 31)
Discover your green thumb this week. Learn about the importance of gardens and pollination to the bee population. Make your own seed ball to take home for your backyard.

Program Aide, Grades 7-9
August 7-11
$110 (no early bird discount)
See previous description.

**Day Camp Sample Schedule:**

8:30 a.m. Arrive at Camp  
8:45 a.m. Flag Ceremony  
9 a.m. Canoeing  
10 a.m. Arts and Crafts  
11 a.m. Interest Activities  
12 p.m. Lunch  

1 p.m. Rest Hour  
2 p.m. Themed Activities  
3 p.m. Swimming  
4 p.m. Clean Up  
4:30 p.m. Camper Pick Up
REGISTRATION INFORMATION – Summer camp registration will be available online February 13, 2023, and will close June 1.

LEVELS – Important! Be sure to register your camper for the Girl Scout grade level they will be in fall 2023, not what grade they are at the time of registration.

SPACE – All camp sessions will be filled on a first-come, first-served basis, so be sure to secure your spot. A $50 non-refundable deposit per camp session is required.

HOW CAN I REGISTER FOR CAMP?

ONLINE (recommended) Register online at www.gsccc.org beginning on February 13, 2023. A $50 non-refundable deposit or the full camp fee must be paid at the time of registration. We accept Visa, MasterCard, American Express (online only) and Discover, as well as Visa logo check cards. Email customercare@gsccc.org with questions.

GSCCC OFFICE HOURS: Mon.-Thurs. 8:30 a.m.-5 p.m., Fri. 8:30 a.m.-1:30 p.m.

GIRL SCOUT MEMBERSHIP – All non-Girl Scouts will pay an additional $25 to become registered Girl Scouts. (A one-time fee for all summer.)

PAYMENTS – Payment in full is due 3 weeks prior to the start of a session. A payment schedule can be arranged through customercare@gsccc.org. If full payment is not received by that date, the camp space will be released.

CONFIRMATION – Shortly after your registration is processed, you will receive a confirmation email. Make sure that you have opted-in to receive emails from Council or you will not receive your confirmation email. You may check your email status by contacting customercare@gsccc.org. You will also receive a Caregiver Information Packet via email filled with important information, such as helpful packing tips, at least one week prior to camp. The packet is also available on our website’s camp page at www.gsccc.org.

CAMPER FORMS - You are required to submit online all completed camper information, health, and permission forms to Council. Failure to submit forms by the deadline will affect your camper’s attendance.

REFUNDS – The $50 deposit is non-refundable. Cancellations made more than four weeks prior to camp will be reimbursed the full cost minus the $50 deposit. Cancellations made between two and four weeks prior to camp will be reimbursed half of the cost of the session. Cancellations less than two weeks prior to camp and no-shows are non-refundable. Cancellation due to illness will be refunded less the $50 deposit if accompanied by a physician’s note.

EARLY BIRD DISCOUNTS – A $15 per session discount is offered for any summer camp registration received on or before March 30, 2023, that is accompanied by the required non-refundable $50 deposit. Discount does not apply to CIT or Program Aide.

FINANCIAL ASSISTANCE – Money is set aside each year for financial assistance to help campers who might otherwise be unable to attend camp. Grants are made based on the number of requests, availability of funds and applicants’ needs.

Applications along with a $50 non-refundable deposit must be submitted to the Council by May 31, 2023. Applications are available by contacting customercare@gsccc.org. Financial assistance is available for one camp session per year per camper.

SHIRTS AND PATCHES – Each camper will receive a camp T-shirt and patch per session attended. Remember to indicate your child’s shirt size on the registration form.

WHO CAN ATTEND GIRL SCOUT CAMP?
Day camp is open to all Girl Scouts who have completed kindergarten through graduating seniors. Overnight camp is for Girl Scouts who have completed first grade and up.
WHERE WILL MY CHILD SLEEP?
Sleeping arrangements at overnight camp vary. Below is a table of the various accommodations available.

<table>
<thead>
<tr>
<th>Camp Skimino</th>
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<tr>
<td>Adirondack</td>
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<td>Cabin</td>
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<td>Lodge</td>
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<td>Platform Tent</td>
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<td>Yurt</td>
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WHAT ARE THE MEALS LIKE?
There is nothing like activity and fresh air to make a camper HUNGRY! Camp meals and snacks are healthy and are foods kids like. We offer a vegetarian alternative at each meal. During breakfast, a cereal bar and fruit are available in addition to the main meal. During lunch and dinner, we offer a fresh salad bar as a supplement to the main meal. Most meals are prepared by our kitchen staff and eaten in the dining hall. Campers have the opportunity to cook at least once with their unit (weather permitting). Most diets (gluten-free, diabetic, kosher, vegetarian, vegan, allergies, etc.) can be accommodated by contacting customercare@gsccc.org two weeks before camp session. We follow the American Heart Association and Diabetes Association nutritional guidelines.

DO CAMPERS GET TO CHOOSE THEIR ACTIVITIES?
Yes, each unit program offers specialized activities that campers will participate in. Campers will take part in planning which will give them an opportunity to pick some of the additional areas of focus and activities during their session.

CAN MY CAMPER ATTEND CAMP WITH A BUDDY/FRIEND?
During registration, a buddy’s name can be listed. Buddies must be entering the same grade in the fall and must register for the same session.

CAN MY CAMPER CALL HOME DURING THE WEEK?
No. We encourage independence and self-reliance during camp. The camp director will contact caregivers if a camper has a medical problem, is excessively homesick or there is an emergency. Please discuss this with your child prior to camp.

WHAT ABOUT STORMS?
Safety of our campers is our top priority so outdoor activities are dependent on the weather. Should we need to adjust activities due to unsafe weather conditions, your camper will instead enjoy other activities that can be done indoors.

CAN I PURCHASE A CARE PACKAGE OR TRADING POST CAMP BUCKS AT CAMP?
Unfortunately, the Trading Post can’t complete Care Package or Camp Bucks transactions. These must be paid for online at www.gscce.org. Remember, cash is not allowed at any camp.

Camp Bucks: 3 weeks before a session.
Care Packages: June 1, 2023.

Want to learn more?
We are proud of our high-quality programs and want you to feel comfortable registering your campers to join the fun!
Visit www.gscce.org for more information.
Check out the camp open houses listed on page 2!
HOW DO I KNOW MY DAUGHTER IS IN GOOD HANDS?
Safety is our number one priority. Our camps operate by the standards of Girl Scouts of the USA, which meet or exceed the standards of local and state health departments. Camp staff are carefully chosen and interviewed for their skills and abilities, belief in the ideals of Girl Scouting, love of the outdoors, and passion for children's education. Many are college students, as well as Girl Scouts and former campers. All staff complete intensive training related to their position, including First Aid, CPR, camp craft skills, child development, waterfront skills, and conflict management. Girl Scouts of the Colonial Coast celebrates Girl Scouting's worldwide connections by hiring a selective group of counselors and staff from the United States and abroad.

DOES MY CAMPER NEED A PHYSICAL?
No, but an up-to-date Camper Health History form must be completed for every camper online. Please help us provide adequate care for your Girl Scout by giving information about their health that will make their stay at camp happy and healthy. However, Camp Fury campers are required to submit a copy of their latest physical.

HOW DOES THE CAMP HANDLE HEALTH CARE?
There is a health center located at every camp and staffed around the clock by a health coordinator, who is certified in first aid and CPR. Caregivers are always contacted at the earliest opportunity in the event of serious injury or illness during camp. Each camp has an ongoing relationship with a health care facility nearby for consultation and emergency medical services if needed.

CAN I BRING MAIL TO CAMP OR DO I MAIL IT?
We recommend you hand-carry mail and leave it at check-in. Don't forget to put your camper's name, unit and what day you would like the mail delivered. Alternatively, we have designated camp@gsccc.org as the caregiver-camper email connection during their stay at overnight camp.

WHAT ARE KAPERS?
Kapers are chores; it is important in Girl Scouting to learn that everyone must do their share. Sharing the kapers helps to keep the camp program site tidy and safe. Responsibilities are rotated among the campers and could include picking up litter, collecting firewood, lending a hand preparing meals and cleaning up, and cleaning bathrooms. This takes place in small groups and camp staff also participate in each of these activities.

WILL MY CAMPER EARN BADGES AT CAMP?
Yes, at the end of each week if a badge or award was completed, you will receive a voucher to use at the GSCCC shop for the badge.

ARE ELECTRONICS ALLOWED AT CAMP?
No. At Girl Scout camp, we believe we are visitors in the great outdoors. We live side-by-side with bugs, animals and nature in simple living accommodations. While campers are enjoying their day or overnight camp session, we require all campers to leave electronics at home. We do not have phones or computers for the campers to use, as we want them to enjoy their experience while not being distracted.
OVERNIGHT CAMP CARE PACKAGES
Make your camper’s stay at overnight camp memorable with our special camp care package for $30. The package contains fun things your camper will be able to enjoy at camp and at home. These can only be purchased at the GSCCC shop and will be delivered to your camper during their week at overnight camp. Supplies are limited, so order early! Care packages must be purchased by June 1 and will not be available to purchase at camp.

CAMP CARE PACKAGE - $30
Your camper will receive a care package of fun things such as a plush animal, flashlight, water bottle, signature pillow case and other cool items.

TRADING POST
The Trading Post is a mini Girl Scout shop at each overnight camp where girls can learn about budgeting, bring home camp keepsakes and pick up forgotten camp gear (water bottles, bandannas, etc.). In order for your camper to participate in the Trading Post, you can purchase Camp Bucks ($10 or $20) for your camper during camp registration. Camp Bucks must be purchased three weeks before the session starts. Camp Bucks cannot be purchased at check-in and cash is not allowed at any camp.

PARENT MEETINGS
These meetings, held on Zoom, are intended to answer any questions parents/caregivers may have and offer tips, such as what to pack for camp!
Visit www.gsccc.org/summercamp to register.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Wednesday, March 8</td>
<td>7-8:30 p.m.</td>
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<tr>
<td>Sunday, April 23</td>
<td>2-3:30 p.m.</td>
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<td>Tuesday, April 25</td>
<td>7-8:30 p.m.</td>
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<td>Wednesday, May 10</td>
<td>7-8:30 p.m.</td>
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<td>Wednesday, May 24</td>
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<td>Wednesday, June 7</td>
<td>7-8:30 p.m.</td>
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<tr>
<td>Wednesday, June 14</td>
<td>7-8:30 p.m.</td>
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BE A PART OF OUR CAMP STAFF TEAM
With positions in fields such as program, recreation, education, aquatics, business, and food service, we can offer a summer employment experience like no other. So if you are looking for a summer of fun, excitement and out of the ordinary experiences, join us as a camp employee!

We offer competitive salary, comprehensive training, housing, meals and internship practicum or community service credit located in beautiful camp settings with many amenities, lifelong memories and friendships. We are creating the future leaders of tomorrow. We also offer cultural exchange with international staff members from around the world.

To learn more about camp dates, positions available and how to apply online, visit www.gsccc.org. You must be 18 years old by 6/15/23 to be eligible for camp employment. We hope to see you this summer!

DONATE THE GIFT OF CAMP
We believe in girls making dreams come true and know that a building block for success in adulthood is camp. Therefore, we actively seek funding for camperships for girls. If you would like to make the dream of summer overnight camp possible for a girl, please visit www.gsccc.org/donate. All donations are tax deductible.
The Best Memories are Camp Memories!

Stay Connected!
Visit our website at www.gsccc.org
QUESTIONS?
Contact us at customercare@gsccc.org or call 757-547-4405.

Share your camp photos and stories by clicking “Share your story” at the bottom of our Stories page.