



Explore Suffolk

Like many of the other cities in Hampton Roads, Suffolk contains much historical relevance to Virginia's history, in addition to our country's founding.

GUIDELINES: Visit Suffolk. Based on the grid, complete the number of activities for your grade level.

	DISCOVER	CONNECT	TAKE ACTION	ANY ACTIVITY UNDER ANY KEY	TOTAL NUMBER OF ACTIVITIES
Girl Scout Daisy	1	1	1	0	3
Girl Scout Brownie	1	1	1	1	4
Girl Scout Junior	1	1	1	2	5
Girl Scout Cadette	1	1	1	3	6
Girl Scout Senior	1	1	1	4	7
Girl Scout Ambassador	1	1	1	5	8

DISCOVER

- Locate Suffolk on a map of Virginia. What are some surrounding cities? Which bodies of water are included in Suffolk? What is the current population? What is significant about the size of the city?
- Research the history of Suffolk, particularly how it was established. Who established Suffolk? When and how did it become a city? What was the significance of Suffolk during the Civil War?
- Learn more about the Native Americans who first inhabited Suffolk, the Nansemond tribe. What was this tribe known for? Which crops did they grow? What is their impact today? To get started, refer to <https://nansemond.gov/>
- What agricultural item is Suffolk famous for producing? Which well-known company related to this plant has a storefront in Suffolk that has been in business since 1967?

CONNECT

- Visit Bennett's Creek Park (3000 Bennett's Creek Park Road, Suffolk, VA 23435) and participate in several of the activities available, such as exploring a nature trail, going fishing or crabbing, or even trying boating. To learn more see <http://www.suffolkva.us/Facilities/Facility/Details/Bennetts-Creek-Park-9>.
- Take a trip to see Suffolk's City Hall (441 Market Street, Suffolk, VA 23434) by arranging a visit with the city's Public Information Officer. During your visit, consider the questions under the DISCOVER section relating to Suffolk's politics.
- Go see the Great Dismal Swamp and participate in several of the outdoor activities, such as fishing or wildlife viewing on the nature trails. To learn more before your visit, take a look at fws.gov/refuge/Great_Dismal_Swamp/.
- Visit the Suffolk Center for the Cultural Arts (110 W. Finney Avenue, Suffolk, VA 23434). The exhibit halls are free and open to the public, or you can take in a special performance! Learn more at <https://suffolkcenter.org/>

TAKE ACTION

- While visiting one of the locations listed in the CONNECT section, be sure to take plenty of pictures in order to create a scrapbook of your visit. Once completed, present this to your family or Girl Scout troop.
- Create a timeline, individually or with other members from your troop, of Suffolk's history, outlining important events. Be creative and add photos, drawings, or stickers. Once finished, show other girls from your troop so they can learn the history of Suffolk as well.
- Research Suffolk-based nonprofits and find out if they have a wish list, then organize a donation drive.
- See if there are any volunteer opportunities at Suffolk-based organizations. Keep in mind there may be age restrictions, so only older Girl Scouts may be allowed to participate.