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Chesapeake Girl Scout Earns Gold Award

Yasmin Harper has earned the Girl Scout Gold Award, the highest honor and achievement a girl can earn in Girl Scouts. Yasmin is a recent graduate of Oscar Smith High School and the daughter of Lashanda and Jermaine Harper.

Yasmin knows that being healthy is a multifaceted feat and is something that can be accomplished given the right resources. Her Gold Award project, "The Importance of Health: Body, Mind, & Spirit," allowed her to educate school-age children on how they can become healthy, not only physically, but emotionally and mentally, too. The classes she led and organized for the kids in her community focused on how to live a healthy lifestyle by eating food that is good for you, exercising, creating a positive self-image and improving one's self-confidence.

"I know that health can lead to academic success, physical success, mental wellbeing, and spiritual rewards," Yasmin said. "All these factors, if developed early in life, should lead to a lifetime of success and wellbeing. I want this measure of success for children no matter where they dwell."

Yasmin collaborated with Chesapeake's Empowerment Counseling Center in order to meet with other Girl Scouts and hold her classes and workshops during her project. Though she has completed her Gold Award, the Chesapeake Redevelopment and Housing Authority continues to utilize and sustain her program within the community.

About the Girl Scout Gold Award

The Gold Award requires girls to identify an issue in the community and carry out a Take Action project to address the matter through leadership work. Nationwide, less than six percent of eligible Girl Scouts earn the Gold Award, which adds this young lady to an elite group of female leaders across the country with the honor.

With the help of the Gold Award, girls can earn college scholarships and even enter the military one rank higher. Girls who earn their Gold Award rate their general success significantly higher than their peers. They also report greater success in reaching their goals in many areas.

About Girl Scouts of the Colonial Coast

Girl Scouts of the Colonial Coast, a United Way agency, serves nearly 11,000 girls in grades K through 12 with the help of nearly 5,000 adult volunteers in southeastern Virginia and northeastern North Carolina. Girl Scouts offers a one-of-a-kind leadership development program for girls, unleashing the G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)[™] in every girl. Since 1912, Girl Scouts has been building girls of courage, confidence and character who make the world a better place. To volunteer, reconnect, donate or join, visit www.gsccc.org or call 1-800-77SCOUT.

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