

# Outdoor Learning Progression

Outdoor training is a series of progressive steps to encourage girls and adults to experience the wonderful world of outdoor program. The intention is not that an adult complete the entire series of trainings in one year's time, but as needed as girls are ready to proceed to the next step.

Progression is the key for both girls and adults – if either misses out on some of the steps, the experience can be disappointing or frustrating for the girls. Take time for the girls to learn, try out and experience the skills learned by the adult before moving on to the next steps.

When planning outdoor adventures, always consider the readiness of the girls in your group.

If you want to do this...	You will need this training....	Possible activities
<p>Introduction of outdoor program activities to adults and girls during a troop meeting. No outdoor cooking. Kitchen cooking permitted. No sleep over.</p>	<ul style="list-style-type: none"> <li>• Girl Scouting 101</li> <li>• Welcome to Colonial Coast</li> <li>• Getting Your Troop Started</li> <li>• Girl Scout Program Basics, Parts I and II</li> <li>• Level One First Aid/CPR*</li> <li>• Out and About**</li> <li>• Risk Management</li> </ul>	<ul style="list-style-type: none"> <li>• Visit neighborhood parks and backyards.</li> <li>• Occasional field trips no longer than a day in length.</li> </ul> <p style="text-align: center;">Appropriate for Girl Scout Daisies and older.</p>
<p>Sleep over – one night overnight with inexperienced girls in an indoor setting. Girl-planned and prepared “no cook” meals, stove or kitchen cooking only.</p>	<ul style="list-style-type: none"> <li>• Girl Scouting 101</li> <li>• Welcome to Colonial Coast</li> <li>• Getting Your Troop Started</li> <li>• Girl Scout Program Basics, Parts I and II</li> <li>• Level One First Aid/CPR*</li> <li>• Out and About**</li> <li>• Risk Management</li> </ul>	<ul style="list-style-type: none"> <li>• Home.</li> <li>• Backyard.</li> <li>• Simple meal preparation in the kitchen with adult supervision.</li> </ul> <p style="text-align: center;">Appropriate for Girl Scout Brownies and older, and occasionally for Girl Scout Daisies****.</p>
<p>Troop Cabin Overnight – indoor sleeping facilities, simple, girl-planned and prepared “no cook” meals, stovetop, or kitchen cooking only.</p>	<ul style="list-style-type: none"> <li>• Girl Scouting 101</li> <li>• Welcome to Colonial Coast</li> <li>• Getting Your Troop Started</li> <li>• Girl Scout Program Basics, Parts I and II</li> <li>• Level One First Aid/CPR*</li> <li>• Out and About**</li> <li>• Risk Management</li> <li>• Outdoor I: Cabin Camping***</li> </ul>	<ul style="list-style-type: none"> <li>• Overnight camping events in a walled building (cabin).</li> <li>• Cooking using charcoal and propane stoves.</li> <li>• Service unit encampment.</li> </ul> <p style="text-align: center;">Appropriate for Girl Scout Brownies and older, and occasionally for Girl Scout Daisies****.</p>
<p>Basic Group Overnight Camping in established sites in tents or shelters.</p>	<ul style="list-style-type: none"> <li>• Girl Scouting 101</li> <li>• Welcome to Colonial Coast</li> <li>• Getting Your Troop Started</li> <li>• Girl Scout Program Basics, Parts I and II</li> <li>• Level One First Aid/CPR*</li> <li>• Out and About**</li> <li>• Risk Management</li> <li>• Outdoor I: Cabin Camping***</li> </ul>	<ul style="list-style-type: none"> <li>• Overnight camping trips in tents or shelters.</li> <li>• Cooking using charcoal and propane stoves.</li> <li>• Build ceremonial fires.</li> </ul> <p style="text-align: center;">Appropriate for Girl Scout Brownies and older, and occasionally for Girl Scout Daisies****.</p>

	<ul style="list-style-type: none"> <li>• Outdoor II: Basic Troop Overnight Camping***</li> </ul>	
Overnight camping trips in tents on more remote campsites.	<ul style="list-style-type: none"> <li>• Girl Scouting 101</li> <li>• Welcome to Colonial Coast</li> <li>• Getting Your Troop Started</li> <li>• Girl Scout Program Basics, Parts I and II</li> <li>• Level One First Aid/CPR*</li> <li>• Out and About**</li> <li>• Risk Management</li> <li>• Outdoor I: Cabin Camping***</li> <li>• Outdoor II: Basic Troop Overnight Camping***</li> <li>• Outdoor III: Advanced Camping***</li> </ul>	<ul style="list-style-type: none"> <li>• Overnight camping trips in tents on more remote campsites.</li> <li>• Ability to cook over fire.</li> </ul> <p>Appropriate for Girl Scout Juniors and older.</p>
Backpacking	<ul style="list-style-type: none"> <li>• Girl Scouting 101</li> <li>• Welcome to Colonial Coast</li> <li>• Getting Your Troop Started</li> <li>• Girl Scout Program Basics, Parts I and II</li> <li>• Level One First Aid/CPR*</li> <li>• Out and About**</li> <li>• Risk Management</li> <li>• Outdoor I: Cabin Camping***</li> <li>• Outdoor II: Basic Troop Overnight Camping***</li> <li>• Outdoor III: Advanced Camping***</li> <li>• Outdoor IV: Backpacking***</li> </ul>	<ul style="list-style-type: none"> <li>• Backpacking trips away from Council properties.</li> </ul> <p>Appropriate for Girl Scout Cadettes and older.</p>

\*The troop leader can appoint another adult to serve as the qualified first-aider, as long as that adult is present at group activities and accompanies the group on trips.

\*\*The troop leader can appoint another adult to serve as the trip coordinator, as long as that adult completes all appropriate training and accompanies the group on trips.

\*\*\*The troop leader can appoint another adult to serve as the camp expert, as long as that adult completes all appropriate training and accompanies the group on camping trips.

\*\*\*\* According to *Safety Activity Checkpoints* for Group Camping, a Girl Scout Daisy troop may participate in an occasional overnight camping experience. Not all Girl Scout Daisies are ready to stay overnight away from home. Plan accordingly and consult with caregivers during the planning process.

A complete list of adult learning classes and descriptions can be found on the GSCCC website at [http://www.gscce.org/content/dam/girlscouts-gscce/documents/volunteer-resources/schedule\\_adult-learning.pdf](http://www.gscce.org/content/dam/girlscouts-gscce/documents/volunteer-resources/schedule_adult-learning.pdf).

There is also an array of outdoor education classes for preparing to take girls camping and learning opportunities for Girl Scout volunteers offered throughout the year. Check the website on a regular basis for all upcoming classes.