



# Ballyshannon

Equestrian Center, LLC

## 2021 Rider Self Assessment

Date: \_\_\_\_\_

Rider/Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_

\*Rider Height: \_\_\_\_\_ \*Rider Approximate Weight: \_\_\_\_\_

Troop/Pack #: \_\_\_\_\_ Service Unit # \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

### The rider can (please check all that apply):

- Catch a horse in a field and put on the halter without assistance.
- Groom a horse (curry, brush, pick hooves) properly without assistance.
- Tack up a horse (English or Western) without assistance.
- Ride a horse at a walk on a longe line.
- Ride a horse at a trot on a longe line.
- Control the horse at walk.
- Control the horse at trot.
- Trot circles, figure 8's, patterns in control.
- Control the horse at a posting trot
- Can post on the correct diagonal.
- Ride a sitting trot.
- Control the horse at a canter.
- Can canter on the correct lead.
- Canter circles, figure 8's, patterns in control.
- Jump (how high \_\_\_\_\_)

Why do we need to know the Rider's height and approximate weight?  
**Ponies have weight limits.**  
**Horses have minimum height requirements.**  
**Maximum weight limit is 225 pounds for all horses.**

### The rider has (please check all that apply):

- Not taken any riding lessons before.
- Ridden horse at home in a pasture without lessons.
- Taken lessons before from a riding center (name): \_\_\_\_\_
- Taken between 1 – 5 lessons with Instructor's name & phone number: \_\_\_\_\_
- Taken between 5 – 10 lessons with Instructor's name & phone number: \_\_\_\_\_
- Taken between 10 – 20 lessons with Instructor's name & phone number: \_\_\_\_\_
- Taken 20+ lessons with Instructor's name & phone number: \_\_\_\_\_
- Leased and/or owned a horse/pony before.
- Ridden in an arena with other riders before, more than once.
- Ridden in shows before (how many \_\_\_\_\_, what disciplines: \_\_\_\_\_)
- Ridden on trail rides.
- Ridden a horse belonging to friends/neighbors/relatives.

**Instructor's Name & Number:**

**Describe in your own words your riding experiences, including experience length, consistency, the skills covered and anything else that you think might be important for an instructor to know (what you do well and what you think you need to work on):**

**What would you like to learn and/or do with horseback riding? What are your goals?**

**For the parent/guardian or previous riding instructor, please indicate current skill levels, experiences, strengths and weaknesses.**

**Rider Signature:** \_\_\_\_\_

**Rider's Legal Guardian:** \_\_\_\_\_

**Horseback Riding Instructor Signature (optional):** \_\_\_\_\_