The American Cancer Society Presents the South Atlantic Division Girl Scouts

Relay For Life Patch Program

For Brownie, Junior, and Girls ages 11-17
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GIRL SCOUT RELAY FOR LIFE PATCH PROGRAM

What is Relay For Life?
Relay For Life began in 1985 in Tacoma, Washington when Dr. Gordy Klatt walked around a track for 24 hours. He raised $27,000.00 for the American Cancer Society...and Relay For Life was born.

Relay For Life is the American Cancer Society’s signature activity. It is a unique event that offers communities an opportunity to participate in the fight against cancer. Relays are 12 –24 hours in length, and go overnight. Teams of eight to 15 persons camp out at a local high school, college, park or fairground and take turns walking, jogging or running around a track or path.

Each team is asked to have a representative on the track at all times during the event. Because Relay For Life is a community gathering rather than an athletic event, anyone and everyone can participate.

After dark, a luminaria ceremony is held where candles are lit in honor or in remembrance of those who have been touched by cancer. This is a time that truly highlights the importance of defeating this disease.

Money is raised through team commitment fees, team and individual fundraising, and sponsorship. Although Girl Scout policy prohibits the solicitation of funds for another organization, your ability to do service projects is a welcomed activity at our Relay For Life events. Also, troop/group may decide to make a contribution to Relay For Life from their troop/group funds.

Relay is our venue for interactive education and information delivery. Participants learn about the American Cancer Society, its programs and ways to prevent cancer. In addition to educating themselves, your troop/group can make a tremendous contribution to our event.
Why participate in Relay?
- To increase the awareness and visibility of the Girl Scout organization
- To demonstrate the services provided by Girl Scouts
- To raise awareness about cancer education
- To support Relay teams with tasks that will help the event run smoothly

What’s in it for you?
Your troop’s participation in the American Cancer Society’s signature event will heighten the awareness of cancer education and advocacy for healthy behaviors. There are twenty-eight Girl Scout Councils with a collective membership of over 258,000 girls in the South Atlantic Division of the American Cancer Society—what an amazing number of young people poised and ready to influence family, peers and friends. Through participation they increase their knowledge, build leadership skills, provide services and have lots of fun in the process!

There are many ways for adults to become involved with the American Cancer Society. We offer a number of volunteer opportunities that support, advocate, educate and provide service. If interested in learning more about us, please give us a call at 1-800-ACS-2345. If you have friends or loved ones who may need our services, please pass our contact information on to them.

Remember...
“We Are Here...All Day...Every Day...Finding the Cure...In Your Community.”
Your Support Helps in the Fight Against Cancer

Research
- As the nation’s largest source of private, nonprofit research funds, the American Cancer Society has distributed more than $2.5 billion to science since 1946.
- The Society has funded 38 Nobel Prize winning cancer researchers.
- American Cancer Society funded researchers have played a role in the following discoveries: tamoxifen, bone marrow transplants, the PSA test for early detection of prostate cancer, and the Pap test.

Education
- The Society provides information and support to cancer patients, as well as early detection and prevention services. For more information, please call 1-800-ACS-2345, or visit our website at www.cancer.org

Advocacy
- The American Cancer Society addresses issues at the local, state and federal levels of government.

Service
- **Reach To Recovery** provides one-on-one support for newly diagnosed breast cancer patients through a network of survivors.
- **Look Good...Feel Better** teaches patients techniques to cope with cosmetic side effects of treatments through licensed cosmetologists.
- **Tell a Friend** is a program where friends encourage each other to get mammograms.
- **College & Camp Scholarships** provide tuition assistance to childhood cancer survivors.
- **Community Development Grants** help community partners further local prevention, early detection and quality of life efforts.
- **Hope Lodge** is a home-away-from-home for cancer patients undergoing outpatient treatment.
Relay For Life is a Tobacco-Free Event

About 87% of lung cancer deaths and about 30% of all cancer deaths can be attributed to smoking. As the American Cancer Society’s signature event, Relay For Life should be consistent with fighting the disease by not allowing tobacco use at the event. Tobacco-free does not mean banning smokers/chewers from Relay For Life; we encourage their participation but discourage their use of tobacco during the event.

No Alcohol Allowed
Relay For Life is a family event and most often held on school property. Therefore the use of alcohol is prohibited.

To participate, follow these steps
- Contact your local Girl Scout Council to receive your Relay For Life booklet. *(Your local ACS office will not have these materials on hand.)*
- Read the activities from the six (6) different educational topics. As a troop/group or individual, review each topic and decide which one interests you most.
- After the topic is chosen, decide what activities you will complete to receive your patch.
  - Brownie Girl Scouts complete two activities including #1
  - Junior Girl Scouts complete three activities including #1
  - Girls ages 11-17 complete four activities including #1
  - Studio 2B Girl Scouts complete four activities including #1
- Once you have decided on your educational topic and the activities you would like to do, choose the location of the Relay you would like to attend.
- Finally, check with the Mission Delivery staff member for the Relay you have selected and let them know you plan to attend. Also, this is the time to determine if there is space for your troop/group to stay overnight at the event. Many of our events are huge and campsite space is limited, we must reserve space for our ‘Relay Teams’. So to avoid disappointment, discuss this with the staff.
AMERICAN CANCER SOCIETY/South Atlantic Division
Girl Scout Relay For Life Patch Project

Year___________

Troop/Group Information and Wavier Form
(Required of each troop/group participating in the Relay For Life event)
(Individual girls may participate with an existing troop/group with permission from the leader.)

PLEASE PRINT ALL INFORMATION CLEARLY

Council Name__________________________________________________________________

Troop/Group #__________ Troop/Group Level_________ Number of Girls attending__________

Leader’s Name________________________________________________________________

Leader’s Address___________________________________________
City:______________________________________________State:___________Zip:_________

Home Phone: (____) _______________Cell Phone: (___) ___________

Email Address______________________________________________

Relay Site___________________________________________

Educational Topic(s) ______________________________________________________

WAIVER – EACH TROOP LEADER MUST READ AND SIGN

• As a participant in Relay For Life, I, for myself, my executor, administrators and assigns, do hereby release and discharge the American Cancer Society, the event site, their management, their officers, members, sponsors, organizers, or their representatives, or their successors and all cooperating businesses and organizations from all claims of damages, demands, actions and causes whatsoever, in any manner arising or growing out of our participation in this event.

• I will obtain full permission for the use of the girls’ names and photographs at this event.

• The troop will provide a first aider on site throughout the event.

Troop/Group Leader Signature:________________________________________ Date_________

Return this form to the American Cancer Society/ South Atlantic Division
(4 weeks prior to your Relay)
Attention: Manager, Youth Populations Strategies
Fax to: 804-527-0219
Or mail to:
ACS/ Manager, Youth Population Strategies
4240 Park Place Court
Glen Allen, VA 23060
At least 6 weeks prior to the Relay event:

If support or resources (signs, posters, pamphlets) are needed to conduct your activities, contact 1-800 ACS-2345 to place your order. If the troop/group wants to perform a service project; inform the Mission Delivery staff person of the:
- Troop/Group level
- Age of the girls
- Type of project the troop/group is planning
- Number of girls participating
- Preference to perform a project before, during or after the Relay event

Remember: Service Projects are assigned on a ‘first-come, first-served’ basis.

At least 4 weeks prior to the Relay event, forward your Troop/Group Waiver Form to the ACS office. Instructions are on the form.

After the Relay event, complete the evaluation form and return it to your Girl Scout Council.

Patches
- Participation patches will be available through your local Girl Scout office. Upon receipt of your completed evaluation form, the council will issue your patches.

To find a Relay near you:
Go to: www.cancer.org
Scroll to: In My Community
Input: Zip Code
Click: Go
Click View all upcoming events
Click: Refine your search
Scroll to: Relay For Life
Click: Relay For Life link
Scroll to: Find Relays near me (purple box)
Click: Relay For Life Events
Relay For Life

Troop/Group Activities
Skin Cancer Education

Activities

1. Attend the Relay For Life in your local community.

2. Contact the Mission Delivery staff at your local American Cancer Society office. Request posters, signs and other informative resources to place around the Relay site and at your campsite.

3. Create a brochure that can be handed out to educate people about sun safety. Pass out the brochure at Relay For Life.

4. Help educate your community on sun safety. First, check with your Mission Delivery staff for sunscreen samples. If writing to a company, request sunscreen with an SPF of 15 or higher. Distribute samples at your Relay.

5. Create a “sunscreen police uniform.” Don’t forget to wear hats, sunglasses, T-shirts and sunscreen. Wear the “sunscreen police uniform” to Relay For Life and remind participants to wear sunscreen.

6. Assist the American Cancer Society’s Slip, Slop, Slap, Wrap Relay Race in your designated space.

7. Create a skin cancer education skit. Present the skit on stage at Relay For Life.

Women’s Health (IPP)
Outdoor Adventurer Brownie, G.S. Try-it
Lead On Junior G.S. Badge
A Healthier You Jr. G. S. Badge
Nutrition

Activities

1. Attend the Relay For Life in your local community.
2. Contact the Mission Delivery staff at your local American Cancer Society office. Request posters, signs and other informative resources to place around the Relay site and at your campsite.
3. Review the American Cancer Society’s nutrition and physical activity guidelines for cancer prevention. Educate the community and Relay participants about the importance of good nutrition, especially eating fruits and vegetables.
4. Research cancer-fighting fruits and vegetables. Create a poster, banner or display that will provide a healthy message to participants at Relay For Life.
5. Create a "healthy eating cookbook" and donate it to a local daycare center.
6. Create a healthy eating game and bring it to be played at Relay For Life.

S2B Focus Uniquely Me! Inside and Out
GSUSA Shape UP! Patch
Creative Cooking, Interest Project Patch (IPP)
The Food Connection (IPP)
Women’s Health (IPP)
Eat Right, Stay Healthy, Brownie, G.S. Try-It
Make it, Eat it - Brownie, G.S. Try-it
Lead On Jr. G.S. Badge
Food Power Jr. G.S. Badge
Highway to Health Jr. G.S. Badge
**Tobacco Education**

**Activities**

1. Attend the Relay For Life in your local community.

2. Contact the Mission Delivery staff at your local American Cancer Society office. Request posters, signs and other informative resources to place around the Relay site and at your campsite.

3. Play a game at Relay For Life. Create a Smokers Roulette Wheel and ask trivia questions. If possible, have incentive prizes for those who are able to answer the questions correctly.

4. Design a banner that encourages people to pledge not to smoke.

5. Create a rap or a song about why smoking is unhealthy. Present the song at Relay For Life.

6. Create an anti-smoking costume that can be worn during Relay For Life. Have troop/group members take turns wearing the costume.

*Kick Butts Day (April) Girl Scouts Against Smoking program book*

*Kick Butt Day Activity Guide*

*Check Online:*

  http://Kickbuttsday.org
  http://www.tobaccofreekids.org
  www.cancer.org
  www.lungusa.org

*Women’s Health (IPP)*

*Healthy Habits, Brownie, G.S. Try-it*

*Lead On Jr. G.S. Badge*

*High On Life Jr. G.S. Badge*
Active for Life

Activities
1. Attend the Relay For Life in your local community.
2. Contact the Mission Delivery staff at your local American Cancer Society office. Request posters, signs and other informative resources to place around the Relay site and at your campsite.
3. Develop an Active for Life activity that can be conducted at Relay For Life to get people physically active.
4. Design and create an obstacle course; challenge people to go through it at Relay For Life.
5. Play game show hostess at Relay For Life. Create a Frisbee Toss game to get participants active and to educate them about the benefits of frequent physical activity. Don’t forget to review the American Cancer Society’s nutrition and physical activity guidelines for cancer prevention.
6. Develop motivating messages to keep people moving at Relay For Life. Place the messages around the track.

Focus S2B On Track
Uniquely Me! Inside & Out
GSUSA Shape Up! - Patch
Women’s Health (IPP)
Girl Sports Brownie, G.S. Try-it
Lead On Jr. G.S. Badge
High On Life Jr. G.S. Badge
Fun and Fit Jr. G.S. Badge

Highway to Health Jr. G.S. Badge
Walking for Fitness Jr. G.S. Badge
A Healthier You Jr. G.S. Badge
Advocacy

Activities

1. Attend the Relay For Life in your local community.

2. Contact the Mission Delivery staff at your local American Cancer Society office. Request posters, signs and other informative resources to place around the Relay site and at your campsite.

3. Invite people to “speak their mind to legislation.” Encourage people to fill out an Advocate form on the American Cancer Society’s current legislation issues.

4. Create a poster, banner or sign that advocates for a specific legislative issue. Display the banner at Relay For Life.

5. Create your own “Bill” or “Law” that would help cancer patients. Introduce this bill or law at your campsite and see how many supporters you can get.

6. Find out who the local legislative officials are in your community. At Relay For Life, tell people where the local legislators stand on American Cancer Society issues. (See Resources)

S2B Focus WRITE NOW
Writing for Real (IPP)
Women’s Health (IPP)
Leadership (IPP)
Lead On Jr. G. S. Badge
Model Citizen Jr. G.S. Badge
Early Detection

Activities

*1. Attend the Relay For Life in your local community.
2. Contact the Mission Delivery staff at your local American Cancer Society office. Request posters, signs and other informative resources to place around the Relay site and at your campsite.
3. Make 100 breast cancer ribbons out of pink ribbons that can be pinned on Relay participants.
4. Educate and encourage women at Relay For Life to spread the word about getting a mammogram. Don’t forget to review the American Cancer Society’s guidelines for the early detection of breast cancer.
5. Educate and encourage men and women to spread the word about getting checked for colon cancer. Put a “things to do when you’re 50” sticker on everyone you speak to about colon cancer. Don’t forget to review the American Cancer Society’s guidelines for the early detection of colon cancer.
6. Create postcards promoting September as prostate cancer month. Distribute to Relay participants. Don’t forget to review the American Cancer Society’s guidelines on early detection for prostate cancer.

S2B Focus WRITE NOW
Women’s Health (IPP)
Lead On Jr. G.S. Badge
Relay For Life

Links for Leaders
GIRL SCOUT HANDBOOK LINKS FOR LEADERS

SKIN CANCER EDUCATION

Links:
Women’s Health (IPP)  Outdoor Adventurer Brownie, G.S. Try-it
Lead On Junior G.S. Badge  A Healthier You Jr. G. S. Badge

NUTRITION

Links:
S2B Focus Uniquely Me! Inside and Out  GSUSA Shape UP! Patch
Creative Cooking, Interest Project Patch (IPP)  The Food Connection (IPP)
Women’s Health (IPP)  Eat Right, Stay Healthy, Brownie, G.S. Try-It
Make it, Eat it - Brownie, G.S. Try-it  Lead On Jr. G.S. Badge
Food Power Jr. G.S. Badge  Highway to Health Jr. G.S. Badge

TOBACCO EDUCATION

Links:
Kick Butts Day (April) Girl Scouts Against Smoking program book
Kick Butt Day Activity Guide
Women’s Health (IPP)
Healthy Habits, Brownie, G.S. Try-it
Lead On Jr. G.S. Badge
High On Life Jr. G.S. Badge

Check Online:
www.Kickbuttsday.org
www.tobaccofreekids.org
www.cancer.org
ACTIVE FOR LIFE

Links:
- Focus S2B On Track
- GSUSA Shape Up! - Patch
- Girl Sports Brownie, G.S. Try-it
- High On Life Jr. G.S. Badge
- A Healthier You Jr. G.S. Badge
- Walking for Fitness Jr. G.S. Badge
- Uniquely Me! Inside & Out
- Women’s Health (IPP)
- Lead On Jr. G.S. Badge
- Fun and Fit Jr. G.S. Badge
- Highway to Health Jr. G.S. Badge

Check online:
www.americaonthemove.org

HEALTHY KIDS NETWORK

Links:
- S2B Focus On Track
- Why In The World? (IPP - Service Projects)
- Healthy Habits Brownie, G.S. Try-it
- Lead On Jr. G.S. Badge
- Highway to Health Jr. G.S. Badge
- GSUSA Shape Up! Patch
- Women’s Health (IPP)
- Make it, Eat it Brownie, G.S. Try-it
- Food Power Jr. G.S. Badge

ADVOCACY

Links:
- S2B Focus WRITE NOW
- Women’s Health (IPP)
- Lead On Jr. G.S. Badge
- Writing for Real (IPP)
- Leadership (IPP)
- Model Citizen Jr. G.S. Badge

EARLY DETECTION

Links:
- S2B Focus WRITE NOW
- Lead On Jr. G.S. Badge
- Women’s Health (IPP)
American Cancer Society Resource List

ACS has many resources to be used for collaborative activities. Review the list below and then contact the Mission Delivery staff person. They will be happy to assist in selecting and ordering the type and quantity for your specific needs.

**NUTRITION & PHYSICAL ACTIVITY**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Type</th>
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</thead>
<tbody>
<tr>
<td>Taking Control</td>
<td>Pamphlet</td>
</tr>
<tr>
<td>Choices for Good Health</td>
<td>Pamphlet</td>
</tr>
<tr>
<td>Enjoy Fruits and Vegetables</td>
<td>Poster</td>
</tr>
<tr>
<td>Meeting Well Guidebook</td>
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<tr>
<td>Kids First Cookbook</td>
<td></td>
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<tr>
<td>Healthy Bodies: 25 Read-along Coloring &amp; Activity books</td>
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<tr>
<td>Cooking Smart</td>
<td>Booklet</td>
</tr>
</tbody>
</table>

**SKIN CANCER**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun Basics</td>
<td>Pamphlet</td>
</tr>
<tr>
<td>A Parent’s Guide to Skin Protection</td>
<td>Pamphlet</td>
</tr>
<tr>
<td>Slip, Slop, Slap</td>
<td>Poster</td>
</tr>
<tr>
<td>It’s your Skin Wear it Well</td>
<td>Pamphlet</td>
</tr>
<tr>
<td>Sun Basics</td>
<td>Poster</td>
</tr>
<tr>
<td>Go Natural</td>
<td>Pamphlet</td>
</tr>
<tr>
<td>Sun Smart</td>
<td>Flyer</td>
</tr>
</tbody>
</table>
TO ORDER MATERIALS AND RESOURCES CALL: 1-800-ACS-2345
FOR MORE INFORMATION GO TO: www.cancer.org

**TOBACCO**

- Pictures Say It All (Lung) (Poster)
- The Decision is Yours (Pamphlet)
- The Smoke Around You (Pamphlet)
- Smoke, Lies and Videotape (Video)
- Healthy Air: 25 Read- along Coloring & Activity books
- Breathe Easy Vehicle Stickers
- Strike Back Against Tobacco With Jackie Chan (CD)

**PREVENTION & EARLY DETECTION**

- You've Got the Power (Info Card)
- Guide for Early Detection of Cancer (Pamphlet)
- ABCs of Breast Health (Bookmark)
- Get Your Test (Info Card)

**ADVOCACY**

- Healthy Kids Network (Button)
- Fight Cancer on Four Fronts (Brochure)
- ACS CAN Relay For Life Recruitment (Kit)
State Government Websites *(South Atlantic Division)*

**Advocacy Activities**

**Delaware** – www.legis.state.de.us  
**Maryland** – mlis.state.md.us  
**West Virginia** – www.legis.state.wv.us  
**Virginia** – legis.state.va.us  
**North Carolina** – www.ncga.state.nc.us  
**South Carolina** – www.scstatehouse.net  
**Georgia** – www.legis.state.ga.us  
**Washington D. C.** – www.dccouncil.washington.dc.us

**Nutrition and Physical Activity Internet Resources**

**For Youth**

**BAM! Body and Mind** (Centers for Disease Control and Prevention) – www.bam.gov  
**Dole 5-A-Day** – www.dole5aday.com  
**FDA Kids’ Homepage** (Food and Drug Administration) – www.fda.gov/oc/opacom/kids/default.htm  
**HHS Pages for Kids** (U.S. Department of Health and Human Services) – www.hhs.gov/kids  
**Kidnetic.com** (International Food Information Council Foundation) - www.kidnetic.com  
**Kids Food Cyber Club** (Connecticut Association of Human Services) – www.kidfood.org  
Powerful Bones, Powerful Girls (Centers for Disease Control and Prevention) – www.cdc.gov/powerfulbones
Smart-Mouth.org (Center for Science in the Public Interest) – www.cspinet.org/smartmouth

For Everyone
American Cancer Society – www.cancer.org
American Diabetes Association (1-800-DIABETES) - www.diabetes.org
American Dietetic Association – www.eatright.org
American Heart Association – www.americanheart.org
Center for Science in the Public Interest – www.cspinet.org
5 A Day Program – www.5aday.com
Food and Drug Administration – www.fda.gov
Food and Nutrition Information Center of the U.S. Department of Agriculture – www.nal.usda.gov/fnic
Intelihealth – www.intelihealth.com
Mayo Clinic – www.mayoclinic.com
Tufts Nutrition Navigator (Tufts University) – navigator.tufts.edu
QuackWatch – www.quackwatch.org
Relay For Life

Service Projects
Troop/Group Service Projects and Individual Leadership Opportunities For Girls 11-17 at Relay For Life

**Remember**
Program Standard #33 (Safety Wise) States:

“Girl Scouts, in their girl scout capacities, may not solicit money for other organizations. Girl Scout members may support other organizations through service projects or a donation from this troop/group treasury.” – *Safety Wise, page 76.*

**Therefore, girls may**
- Register participants for an event that financially supports another organization
- Donate supplies for such an event
- Staff one of the support stations (refreshments, etc.)

**Links:**
- *S2B G.S. Silver or Gold 4B’s Challenge (especially Believe and Build)*
- *S2B Focus On Track*
- *National and Global Youth Service Day (April - annually)  www.ysa.org*
- *Women’s Health (IPP)*
- *Lead On Jr. G.S. Badge*
- *Walking for Fitness Jr. G.S. Badge*
Suggestions for “Relay For Life Service” Projects

You may think of others!
- Help organize the distribution and clean up of luminaria around the track
- Help with the recruitment of survivors by distributing literature
- Assist with the Survivor Reception
- Convening Cancer Control educational sessions in your communities
- Thank guests and participants at the end of the event
- Compile survey results
- Conduct a Cancer Control presentation at team captain’s meeting
- Conduct Cancer Control presentations at their schools or meeting sites
- Assist with the assembling of materials prior to the event
- Perform a flag ceremony and Pledge of Allegiance at the opening ceremony
- Assist with the set up or clean up of the Relay event

Here are other ACS service project opportunities that can be done at other times of the year

* If your community has a Making Strides Against Breast Cancer event:
  - Lead warm up exercises
  - Make Cancer Control Displays
  - Conduct a Flag Ceremony
  - Cheerleaders along the walk
  - Help with on-site registration
  - Pass out water and healthy snacks
  - Set up and Clean up

* If your community has a Hope Lodge:
  - Plant gardens
  - Decorate for the holiday season
  - Make Cancer Control placemats with inspirational messages about survivorship, prevention and early detection

All assignments must be coordinated through your Mission Delivery staff person.
Most of the projects are age-appropriate for 3rd year Juniors thru older girls.

ALL SERVICE PROJECTS ARE ASSIGNED ON A FIRST-COME, FIRST-SERVED BASIS.
Relay For Life

Misc. Information
What You Will Need to Bring to Relay

(Mark items with owner’s name)

- Walking shoes worn with socks
- Change of clothes (consider the weather)
- Bottled water
- Drinks, ice, coolers
- Sandwiches and snacks
- Paper towels, cups, napkins, plates, utensils
- Toilet paper (just in case)
- Flashlight/lantern
- Jacket or sweats in case of cool weather
- Foul weather gear
- Camping gear (tents, sleeping bag, bed roll, pillow, etc)
- Blanket (it may get cool overnight)
- Insect repellant and yard fogger (spray campsite well upon arrival)
- Playing cards or other campsite games and activities
- Sunscreen
- Hats or sun visors
- Long sleeved shirt
- Sunglasses
- Soap, (liquid) to wash face & hands
- Kleenex
- Cash for purchasing food or other items onsite
- Folding or lawn chairs, sit upon
- Camera
- First Aid Kit
- Decorations for your campsite
- Large child’s wagon or wheelbarrow (great for hauling stuff)
Please keep in mind….

- To check with your American Cancer Society staff contact before assuming overnight accommodations are available.

- Some food and beverages will be provided; however, please bring food for your troop/group as well.

- Safety and medical representatives will be onsite to provide first aid and ensure safety of participants at all times.

- Please dismantle your campsite before you leave. The Relay committee will not be responsible for unattended campsites at the close of the event.

- No open fires are permitted on the grounds. Grills and Tiki torches are permitted. All campsites must have a fire extinguisher for fires and flames.

- Please leave pets at home!

- No glass containers are permitted.

- Remember to display a sign with your troop/group number at your campsite for identification in the event of an emergency.
Creative Campsite Ideas

Be Creative! Dress the Part!

Promote A Cancer Education Message!

Have Lots of Fun!!!

Give Cancer the Boot: Western theme.

Olympics: Carry torch for the first lap, wear togas, use hula hoops as Olympic rings

Racing For a Cure: Car racing theme, with a pace car and track around your tent

Fishing for a Cure: Have a boat, fishing rods, and fish hanging from your campsite

Gilligan’s Island: Don’t be Lost at “C”. Palm trees and character costumes

Dairy Queen: Cooking up a Cure for Cancer. Put a Chill on Cancer

Woodstock: Take a ‘Peace’ Out of Cancer. Use peace signs, braid your hair and wear tye-dyed shirts

M-A-S-H: Wage a War against Cancer. Wear camouflage
Scrubbing Out a Cure for Cancer: Hang out a clothesline and have old metal wash buckets around your site

Take a Bite out of Cancer: Decorate your tent with lots of teeth and mouths

Noah’s Ark: Two By Two, We Will Defeat Cancer

Aloha Theme: Use palm trees, swimming pools, give out leis to Relay participants

Walk Around the Clock: 50’s & 60’s theme

Let’s Spook Cancer: Halloween theme

Star Wars: May the Cure be with you

Wizard of Oz: Follow the Yellow Brick Road to a Cure
AMERICAN CANCER SOCIETY/South Atlantic Division
Girl Scout Relay For Life Patch Project

**Troop/Group Evaluation and Survey Form**

Did your troop/group...

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Sometimes</th>
<th>Don’t Know</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Like learning about good health behaviors?</td>
<td>☐</td>
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<td>2. Understand the purpose of the event?</td>
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<td>3. Demonstrate or discuss personal behavior changes?</td>
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<td>4. Think about what is best for everyone?</td>
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<td>5. Develop or enhance leadership skills?</td>
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<td>6. Make a plan to get the activities done?</td>
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<td>7. Carry out their plan?</td>
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PLEASE ANSWER THE FOLLOWING:

Why did your troop/group choose to participate in Relay For Life?

What did they like about the event?

What could have been better?

Other comments:

=======================================================================

PATCH AND OTHER INFORMATION

Leader’s name___________________________________ Troop/Group #____

Age level: ☐ B ☐ J ☐ C

Relay attended: _____________________________ Educational Topic: __________________________

Circle number of completed activities: 1 2 3 4 5 6

Racial/Ethnic breakdown (please write # for each):
American Indian/Alaskan Native___ Black ___ White___ Spanish/Hispanic origin___ Asian/Pacific Islander___
Notes/Things To Do

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
Experience Life, Ensure Health

The purpose of Girl Scouting is to inspire girls with the highest ideals of character, conduct patriotism and service that they may become healthy and resourceful citizens.

The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer, through research, education, advocacy and service.

Rita W. Miller
Manager, Youth Population Strategies
American Cancer Society, South Atlantic Division