



Girl Scouts®

Girl Scout Council of Colonial Coast

WOMEN IN HISTORY



GUIDELINES: Complete the starred (*) activity plus five others that are listed. Daisy Girl Scouts may receive a patch for participating in any activities and are not expected to complete a set number

- *1. Interview the women in your family or women in your neighborhood who represent different generations. Ask them about what their roles in life have been and the changes they have seen. What do they see as their significant contributions/accomplishments? What would they like to see change for the next generation of women?
2. Invite an adult Girl Scout to visit your troop and share her Girl Scout experiences; **OR** search for pictures or old photos to show how Girl Scouting has changed.
3. Find out about at least two crafts women had to do for their homes and families such as weaving, quilting, candlemaking, needle work, spinning or basketry.
4. Take a trip to find out about the roles women played in settling the Colony of Virginia and/or North Carolina. Visit Colonial Williamsburg or Ocracoke Island or another site in the Girl Scout Council of Colonial Coast that is important to the heritage of women in this area; **OR** visit the library to find out more about the roles women played in settling the colonies.
5. Read about a woman who has made a significant impact in her profession or on society (i.e., Buffy Sainte-Marie, Corazon Aquino, Lena Horn, Rosa Parks, Geraldine Ferraro, Sally Ride, Susan B. Anthony, Margaret Sanger, Chien Shiung Wu, Mother Theresa, Florence Joyner, Golda Meir, Indira Ghandi, Jackie Joyner-Kersey, Marian Anderson, Dolores Heurta.) Share what you have learned with your troop.
6. Look at the changes in sports and athletics for women in the past century. Choose one sport and find out how the rules and dress for that sport have changed.
7. Research the trails and roads followed by the women of the past that are found in this area. Select one of these and take a hike along the path selected; **OR** create and conduct a women's heritage tour of your own community.
8. Select a country other than the United States and investigate women's roles/occupations. Which have women traditionally held?
9. Look at women's fashions in the last 100 years. How and why did they change? Demonstrate by using pictures/drawings; **OR** conduct a historical fashion show.
10. Find out how many women serve as state governors, United States representatives and senators. In Virginia or North Carolina, how many women serve as mayors, state representatives and congresswomen? If available, talk to a woman civic leader in your area about the role she plays in planning for the future.