

Volunteer News

Training • Events • Activities • Tips

girlscouts
of the colonial coast



Girl Scout Volunteer News & Updates for April 2024

Happy Volunteer Appreciation Month! Get ready for all the kudos, warm wishes, recognitions, celebrations, and other special treats coming your way all month long. Because of you we have community. Because of you we have resilience. Because of you we have Girl Scouts.

Early Renewal began April 1

Sign up for another year and keep the excitement going! We have put together some amazing incentives this year at gsccc.org/renew — all for simply saying “yes” to another year of fun, friendship, and making the world a better place.

April Special Observances:

- **Month of the Military Child:** Find resources and fun activities on our [Supporting Military Families](#) page.
- **Keep America Beautiful Month**
- **Financial Literacy Month:** Yep, there’s a [badge](#) for that!
- **National Car Care Month:** This is the perfect time to start the [Automotive Engineering](#) badge series!
- **April 10: International Safety Pin Day** – These handy little objects are a staple of Girl Scout S.W.A.P.S. so this is a great day to make a few!
- **April 21-27 – National Volunteer Week**
- **April 21: Go Fly a Kite Day** – [Join us at Jockey’s Ridge on April 20](#) to make and fly your own kite!
- **April 22 – Earth Day AND Troop Leader Appreciation Day!**

- **April 26: Arbor Day** – Celebrate and honor trees today! Learn about the [Girl Scout Tree Promise](#).



A List of Aspirations

Equipment: Some paper for each participant, pencils/pens/markers.

Procedure: This practice is a great way for Girl Scouts to explore their personal aspirations and set goals with real deadlines! Girls will make a list of everything they want to do, see, accomplish, or try in a set period of time. (Think “101 Things in 101 Days” or “15 Things by Age 15” for example.) Some sample ideas of aspirations are below.

- Send a care package to a friend
- Learn a new skill such as how to play an instrument or make your own clothes
- Host an outdoor movie night
- Start a journal, photo album, or scrapbook with a goal for how often you will make new entries
- Plant, tend, and harvest a garden
- Try a new recipe and share it with someone

The ideas should be achievable based on age, means and ability. Have each girl share her goals and then promise to hold each other accountable to reach them!

Download a printable version of the entire calendar of events through September 2024: [Program Events Calendar](#) (PDF)

Earth Day at Mount Trashmore – Saturday, April 20

Celebrate Earth Day with Virginia Beach Parks & Rec at Mount Trashmore. GSCCC will be among the many vendors and exhibitors on location, so come out to visit with us and enjoy some hands-on activity time as you make a recycled craft to take home!

Location: Mount Trashmore Park, Virginia Beach

Time: 11:00 a.m. – 3:00 p.m.

Levels: All

Canoeing – Sunday, April 28

Canoeing is a great team-building exercise and a fun way to enjoy the outdoors! Learn about canoes and practice some basic skills, then take a trip around beautiful Burke's Mill Pond.

Location: Camp Burke's Mill Pond, Gloucester

Levels: B/J

(Registration Deadline: April 18)

AIM – Sunday, April 28

Aim for your archery patch: line up your bow and arrow, stand straight and shoot! Brownies and Juniors will cover the basics, while older Girl Scouts can show off their archery prowess in a series of challenges.

Levels: B/J/C/S/A

Location: Camp Burke's Mill Pond, Gloucester

(Registration deadline: April 18)

Camp is Calling Auction Finale – Saturday, May 4

Paddles at the ready for a live auction of specially curated items! Enjoy artist-led activities to make your own masterpieces. You will leave with your new-found treasures that evening. \$45 individual tickets include excellent benefits for a special evening experience. And remember, from April 28 - May 4, you can bid online to win, too!

Location: d'Art Center, Norfolk

Levels: Adults 21+ ONLY

(Registration deadline: May 3)

Girls Night Out with the Tides – Friday, May 31

Join us for a fun night of baseball with the Norfolk Tides at Harbor Park. Price includes a hot dog and a drink! Optional overnight: Spend the night camped out under the stars at Harbor Park after the game, and watch a movie on the Jumbotron!

Location: Harbor Park, Norfolk

Levels: All

(Registration Deadline: May 14)



Effectively Facilitating Adult Learning – Sunday, April 21

Learning is a lifelong process! The role of the adult educator in Girl Scouting is to facilitate training so that every learning event successfully meets the varying needs of each adult and results in changes in thinking, behavior, or values that benefit both the learner and the Girl Scout movement. This course focuses on how to deliver an adult learning session to a group of adult learners.

Location: A Place for Girls, Chesapeake

Level: Adults

Registration Deadline: April 15

Youth Mental Health First Aid – Sunday, April 28

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (ages 12-18) who is experiencing a mental health or addiction challenge or is in crisis. The course introduces common mental health challenges for youth, reviews typical

adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disruptive behavior disorders, and eating disorders.

Location: A Place for Girls, Chesapeake

Level: Adults

Registration Deadline: April 18

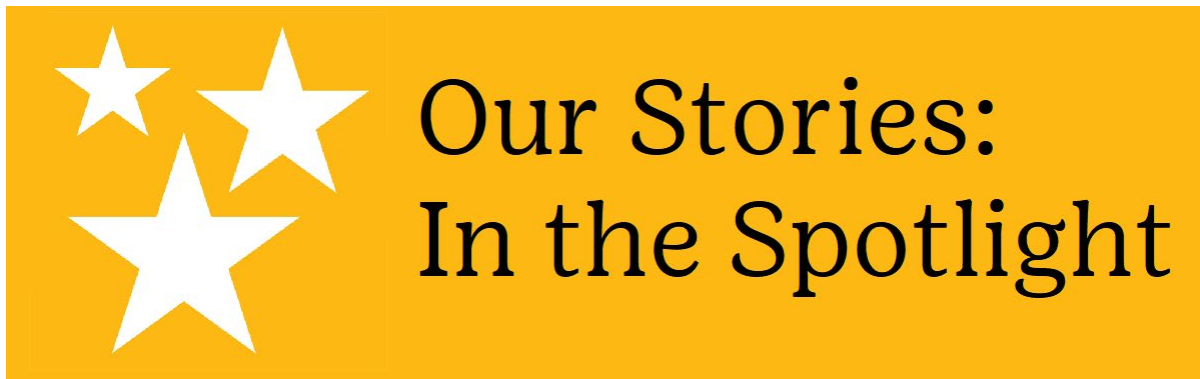
American Red Cross Adult and Pediatric First-Aid/CPR/AED Training – Friday, May 10

This blended learning course equips you to recognize and care for a variety of first aid, breathing and cardiac emergencies involving adults, children and infants.

Location: A Place for Girls, Chesapeake

Levels: C/S/A, Adults

Registration Deadline: April 26



Meet Volunteer Mei Stukes—This lifetime member has been a dedicated GSCCC volunteer for two decades! [Read the full article](#)

Meet Volunteer Sarah Buck—This Girl Scout alum remains connected to the Mission as an involved volunteer. [Read the full article](#)

Volunteer Spotlight: Pat Dowd—Pat began his rewarding volunteer journey with Girl Scouts nearly 40 years ago. [Read the full article](#)

Browse these and other inspiring stories featuring local Girl Scouts, volunteers, alum, and more at gsgccc.org/blog.



GSCCC Shop Specials

April 3, 10, 17 and 24: Discount Wednesdays!

Pick a lucky unicorn at checkout and receive a 10% or 15% discount off the entire purchase. *May not be combined with any other offer.*

Neon Trefoil Gradient T-Shirt: A soft, soothing ombré color design reminiscent of a sunset in peach, pink, and light blue, along with a striking solid pink trefoil graphic encircled by the words "Girl Scouts" and printed in a bold, neon gel texture. Girls': \$25, Women's: \$28.

Bridging Kits: Each kit contains the must-have items to be presented to girls as they bridge to the next level. Brownie, Senior and Ambassador: \$8; Junior and Cadette: \$10.

Baseball Caps: These soft, stylish caps are the perfect accessory for all your outdoor adventures! Assorted colors, one size fits all. \$18 each.

Rainbow Baseball T-Shirt: This rainbow baseball crewneck girls' tee is sure to be a favorite. In light heather grey with eye-catching blue contrast color sleeves and neck. Repeat "Girl Scouts" rainbow graphic adds even more fun. \$20 each.

It's your one-stop-shop to hop into spring, with badges, awards, and fun, new bling—[let's go shopping!](#)