

Hooray for May!

May is such an important month in Girl Scouts. We turn our thoughts to membership renewal for another great Girl Scout year, summer camp plans, troop bridging ceremonies and mother-daughter events in celebration of Mother's Day. May is also National Foster Care Month, so we'd like to take this opportunity to recognize the women who step up to be "mom" in other ways, too, from family bonds to mentors and beyond. Here at GSCCC, we're fortunate to have strong female networks to support, guide, and advise Girl Scouts across our Council. These women make it possible for youth to realize their dreams and believe in themselves.

We invite all Girl Scouts to <u>"Me & My Gal" on July 6</u> for a day of camp fun with your mom, or other close female relative. Let's celebrate our families with classic camp activities like canoeing, archery, tie dye, and more this summer!

It's Almost Time for Bridging!

Bridging is an important transition in a Girl Scout's life. It's a defining moment when a Girl Scout becomes aware of her achievements and is ready for new adventures and responsibilities. What grade level will your Girl Scout be in the fall? If she is ready to bridge, check out the <u>Bridging Guide</u> for information on the process and to get girls excited to help plan their own ceremony!

Graduating High School Seniors: You can participate in the bridging ceremony being held on June 1 at our <u>Girl Scouts Who AMAZE Celebration</u>, just for Girl Scout Ambassadors who are bridging to adult members. We'd love to share this special occasion with you!

Dedicate a Commemorative Brick or Bench

Today is the last day to <u>order a commemorative brick or bench</u> to be included in our **June 22 placement ceremony**. Honor a graduating Girl Scout, a special troop leader, or a loved one with this personalized, meaningful gift — proceeds go right back to support GSCCC. It's a win-win!

Upcoming Events

We hope to see you this spring! Download a printable version of the entire calendar of events through September 2024: <u>Program Events Calendar</u> (PDF)

Girls Night Out with the Tides - Friday, May 31

It's time for our annual trip to the ballpark! Join your sister Girl Scouts for a fun night of baseball with the Norfolk Tides at Harbor Park. Price includes a hot dog and a drink!

Optional overnight: Spend the night camped out under the stars at Harbor Park after the game, and watch a movie on the Jumbotron!

Location: Harbor Park, Norfolk

Levels: All

Registration deadline: May 14

Girl Scouts Who AMAZE Celebration - Saturday, June 1

From creating literacy enrichment programs to protecting our environment, there is no challenge too big or need too small for a Girl Scout to tackle! We will be recognizing Girl Scouts who made a difference through their Gold, Silver and Bronze Award projects, this year's Buck Harris Award honoree, scholarship recipients, and high school seniors who are bridging to become adult members.

Location: L. Douglas Wilder Performning Arts Center, Norfolk

Levels: All

Registration deadline: May 17

Year in the Life of a Girl Scout: Outdoor Challenge - Saturday, June 1

Enjoy some time in nature as we work on the Girl Scouts Love the Outdoors Challenge together to earn this year's special patch. You will discover fun surprises, learn a new outdoor skill, and find items to create a fairy home for your new elf friends!

Location: The Outback, Chesapeake

Levels: All

Registration deadline: May 20

Knot Tying - Saturday, June 29

You will KNOT believe how much fun this is! The Slover Library in Norfolk is hosting a knot-tying event as part of their Summer Reading adventures. You will learn all about knot tying, get to meet a Marine Corps-certified Static Rope Suspension Techniques Master and will cover many common knots that are used for outdoor adventures such as hiking, climbing, and camping. Location: Slover Library, Norfolk

Levels: All

Registration deadline: June 24 (only a few spots left!)

Me & My Gal - Family Day Camp - Saturday, July 6

Make some memories together with your gal! Girl Scouts are invited to bring a close female relative (21+) with them to day camp and participate in some classic camp activities like canoeing, archery, tie dye, and more.

Location: Camp Skimino, Williamsburg

Levels: All

Registration deadline: June 1

Last Call for Summer Camp!

Adventure is calling...meet us outdoors! Make this the best year of <u>summer</u> <u>camp</u> ever; but don't wait, registration closes on June 1.

Get to know our Outdoor Adventures Manager, <u>Natalie Lane</u> (camp name: "Disney") and learn why she chose to make her love of Girl Scout camp into a career.

May is Mental Health Awareness Month

"About 7 in 10 girls feel supported by their family members or friends when it comes to sustaining positive mental health, and about 6 in 10 say their family has a positive view toward mental health disorders, indicating an attitude that is inclusive and stigma-free." – from <u>Girls Speak Out About</u>

Mental Health

You can make a difference. Sometimes children and teens just need a safe space to express their emotions or a reminder that someone cares. Check out the <u>Girl Scouts Mental Wellness patch programs</u>, created in partnership with the National Alliance on Mental Illness (NAMI) and the HCA Healthcare Foundation. Work on them together and let her know it's ok to talk about the big stuff.



Silver Award: Buddy Bench



It's Your Story, Tell It!



Gold Award: Reroot Our Agriculture

In The Spotlight: Stories from the GSCCC Blog

Silver Award Spotlight: Buddy Bench Recycling Project—Girl Scout Cadette Gidget worked with NexTrex to turn donated plastic bags into a bench for a local preschool, and donated copies of "The Buddy Bench" book to help them promote use of the bench to children in need of a friend. Read the full article

It's Your Story, Tell It!—This Journey event was held at Tidewater Collegiate Academy for all Girl Scouts — Daisies through Ambassadors — to help them become more aware of their uniqueness as individuals, and learn about and master some common positive ways we can communicate. Read the full article

Gold Award Spotlight: Planting the Seeds to Reroot Our Agriculture—Girl Scout Ambassador Emma earned the highest award in Girl Scouting for ensuring members of her community have access to hands-on agricultural experiences when visiting the Southhampton County 4-H Club livestock barn. Read the full article

Want to see your news featured on our blog? Share your story with GSCCC!

What will she explore this summer?

It's nearly here—weeks upon weeks of gorgeous weather, lazier mornings, maybe a part-time job, pool parties, and ideally, buckets of free time.

Occasionally, all that free time can lead to complaints of boredom, but we've

got an answer for that! We invite all Girl Scouts to explore the fun patch programs offered by our partners. This month, we're calling out some great locations and attractions across our council area that you can visit with friends and family while you work to earn a cool new patch.

- Explore Hunter House Victorian Museum
- Explore Jamestown
- Explore The Mariners' Museum
- Explore Norfolk Botanical Garden
- Explore the Thoroughgood House
- Explore the Virginia Beach SPCA
- Explore Virginia Living Museum
- Explore the Virginia Zoo

NEW: Complimentary Girl Scout Experience Boxes for new Daisy troops are here!

When you sign up to be a new Girl Scout Daisy Troop Leader, you'll receive monthly activity boxes in the mail that include activity directions and all the supplies you'll need for your meetings. Plus, you'll be invited to New Leader Chats to get even more support and gain new skills. Spread the word, or start your own Daisy troop! Learn more at gsccc.org.









GSCCC Shop Specials

May 1, 8, 22 and 29: Discount Wednesdays!

Pick a lucky beach ball at checkout and receive a 10% or 15% discount off the entire purchase. *May not be combined with any other offer*.

Special Hours:

- The GSCCC office and shop will be closed on Wednesday, May 15 for staff training.
- The GSCCC office and shop will be closed on Monday, May 27 in observance of Memorial Day.

Varsity Raglan Sweatshirt: Comfort meets style in this raglan sweatshirt. With varsity-inspired neon "Girl Scouts" graphic in soft chenille lettering, this heather grey sweatshirt is great for relaxing or a day on the go. Thumbholes at the end of the sleeves add even more comfort. Girls': \$33, Women's: \$34.

Baseball Caps: These soft, stylish caps are the perfect accessory for all your outdoor adventures! Assorted colors, one size fits all. \$18 each.

Strong Like A Girl Scout Tank Top: You're Girl Scout strong and ready for anything! This vibrant, neon pink tank top is sure to be noticed with its empowering message. Featuring a lightweight and stretchy moisturewicking fabric, it's perfect to wear during your workout or when you're on the go. In pink with black "Strong like a Girl Scout" graphic and solid white trefoil. Girls': \$19, Women's: \$22.

Neon Trefoil Gradient T-Shirt: A soft, soothing ombré color design reminiscent of a sunset in peach, pink, and light blue, along with a striking solid pink trefoil graphic encircled by the words "Girl Scouts" and printed in a bold, neon gel texture. Girls': \$25, Women's: \$28.

Summer's coming, make sure you're provisioned—let's go shopping!



May is Asian American Native Hawaiian Pacific Islander Heritage Month

Did you know that in Hawaii, May 1 is Lei Day? Gift someone with a flower necklace today to celebrate! There are plenty of activities to choose from to <u>earn</u> this fun patch!

New College Scholarship Announcement

The Girls Scouts of Courage, Confidence, and Character Scholarship is open to all Girl Scouts who are graduating from high school in 2024. If you feel that you have grown your personal courage, confidence, and character in Girl Scouting, this is a great opportunity to offset some of your tuition expenses. The \$500 award will be sent to your community college, trade school, or university for the Fall 2024 semester. Learn more and apply by May 15.